



HUMAN SERVICES
AGENCY

Washoe County Senior Center
1155 E. 9th Street, Reno, NV 89512

November: Activities

Monday 3 rd / 10 th / 17 th / 24 th	Tuesday 4 th / 11 th / 18 th / 25 th	Wednesday 5 th / 12 th / 19 th / 26 th	Thursday 6 th / 13 th / 20 th / 27 th	Friday 7 th / 14 th / 21 st / 28 th
<p>Stretch and Tone 9am-10am</p> <p>Texas Hold'Em 9am-12pm</p> <p>Fit and Strong 10:15am-11:45am</p> <p>Bingo 12:30pm-2:30pm</p> <p>Ukulele 1pm-3pm</p> <p>Veterans Day Event 12pm</p>	<p>Texas Hold'Em 9am-12pm</p> <p>Bean Bag Baseball 1:30pm-4pm</p> <p>Crochet Club 9am – 11am</p> <p>Falls Prevention Workshop 9:30am – 11:30am (10/14 – 12/2)</p> <p>Veterans Day (11th)-CLOSED</p>	<p>Stretch and Tone 9am-10am</p> <p>Texas Hold'Em 9am-12pm</p> <p>Fit and Strong 10:15am-11:45am</p> <p>Tai Chi 10:30am-11:30am</p> <p>Scrabble 10am-1pm</p> <p>Bingo 12:30pm-2:30pm</p> <p>Ballroom Dancing 12pm-1:30pm</p>	<p>Texas Hold'Em 9am-12pm</p> <p>Mahjong 10am-12pm</p> <p>Line Dancing 1pm – 3:30pm</p> <p>Teen Tech 3:45pm-5pm</p> <p>Holiday (27th)- CLOSED</p>	<p>Texas Hold'Em 9am-12pm</p> <p>Stretch and Tone 9am-10am</p> <p>Mahjong 10am-12pm</p> <p>Fit and Strong 10:15am-11:45am</p> <p>Bingo 12:30pm-2:30pm</p> <p>Bean Bag Baseball 1:30pm-4pm</p> <p>BIRTHDAY FRIDAY (21st)</p> <p>Holiday (28th)- CLOSED</p>

LIVE MUSIC: **Wednesday's** "Grumpy Old Men" 10am-11:30am; **Friday's** "Jus' Right" Hawaiian Music 10am-12pm



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October 2025: Support Groups, Meetings and Outreach

AA Meetings	Mondays & Fridays 10:00 AM (Starting 11/03 and 11/07)
Catholic Charities Benefit Enrollment ----- SNAP Enrollment	Wednesdays 10am-12pm ----- 1st and 2nd Thursday 8am – 12pm
MAP (Medicare Counseling Program)	1 st Monday of Every Month 10am-2pm ----- Wednesdays 10am-12pm
Senior Advisory Board	2 nd Wednesday of Every Month 3pm-5pm (BCC Chambers)
Senior Coalition	1 st Friday of Every Month 8:30am